# Hawaii Physical Therapy & Chiropractic Clinic, Inc.

261 Waianuenue Avenue ◆ Hilo, Hawai'i 96720

Telephone: (808)961-5663 ◆ Fax: (808)969-3767 ◆ Website: <u>www.hiptchiro.com</u>

	ELECTRONIC In compliance with re								
Name:			Birth Date:			SSN:			
Primary or Cellular No.:			Home No.:			Work No.:			
Mailing Address:					State:		Zip:		
Email:			s: M, S, D, W	s: M, S, D, W Gender: 🔲 N		emale	Student: DFT DPT		
Occupation:			Employer:						
Emergency Contact:	ntact: F			elationship:			Phone:		
Preferred method of communication for patient reminders (Check One): ☐ Email ☐ Phone ☐ No Reminders Preferred						☐ No Reminders Preferred			
Insurance Carrier:				Present	ALL Insura	ınce Cards t	o Front Office Reception!		
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Smoking Status:		ker ⊔ For	mer Smoker 🖵 l	Never Smoked	d Smokin	g Start Date	(optional):		
CMS Requires Providers to Report Both Race and Ethnicity:  Patient's Race: (Check One): American Indian or Alaskan Native Asian Black or African American  Native Hawaiian or Pacific Islander White (Caucasian) I Decline to Answer  Ethnicity (Check One): Hispanic or Latino Not Hispanic or Latino I Decline to Answer  Preferred Language: English Other:									
Medicatio	on Name:		Dos	age and Fr	equency	/ (i.e. 5mg	. once a day, etc.)		
Do you have any medication allerg	ies? □ Yes □ No								
Medication Name	Reaction	1		Onset Date		,	Additional Comments:		
Do you have any environmental allergies?   Yes   No If yes, please list:									
AGREEMENT:   lunderstar	ad that I am financially re	an anaihla	for all abores a wh	othor or not no	aid by a aid	inaanaa in	saluding dadustible on		
AGREEMENT:  I understand that I am financially responsible for all charges whether or not paid by said insurance, including deductible, co-payment, and/or non-covered services. I understand that payment is due at the time of service.									
AUTHORIZATION:  I authorize the release of any medical information necessary to process my claims, I further authorize payment of insurance benefits directly to Hawaii Physical Therapy & Chiropractic Clinic, Inc. for all services rendered.									
I choose to decline rec	•	ummary	after every visi	t (these sumr	maries are o	often blank a	s a result of the nature		
Signature: Date: Date:									
(Patient or Responsible Person, Parent/Guardian)									
OFFICE USE ONLY									
Height	Weight	UFF				Pulse:			
Height: Weight:  Date Scanned into EHR:				Blood Pressure: Scanned By:			Acct No.:		

		HEALTI	H HISTORY FORM	
Name:			Date:	
	adache 🖵 Mid	back pain	s you into our clinic today: pain	l Weight: □ Gain □ Loss
Date Problem Began:		ls This? ☐ Work-relate	ed 🖵 Auto-related	
How Problem Began:				
How often are your sympto	ms present?	□ 0-25% □	26-50% 🖵 51-75%	<b>□</b> 76-100%
Circle two numbers belo Current complaint (how you		ain at its best and at its w		7 8 9 10 (Unbearable Pain)
☐ Physical Therapy ☐ Ps  Name of your current Prima	sychology	al Rehab Counselor 🛚 Of	·	
AIDS/HIV Ankylosing Spondylitis Aortic Aneurysm Arterial Blockage Arthritis Bleeding Disorders Breast Lump Cancer	Yes   No   Yes   Y	es, please ✔ below) □ Lung □ Lymphoma	Hepatitis High Blood P High Cholest Hyper or Hyp Kidney Diseas Liver Diseas Migraine Hea Mononucleos Multiple Sclei Parkinson's I Polio Pregnancy Prostate Pro Prosthesis Rheumatoid Stroke Tuberculosis Tumors/Grow Ulcers Urinary Incon Visual Disturi Other:	terol
Are you pregnant?  Family History: □ Ca	☐ Yes ☐ No  ncer ☐ Diabetes	Due Date:  ☐ High Blood Pressure		s □ Stroke
EXERCISE:		ORK ACTIVITY:		HABITS:
□ None □ Da □ Moderate □ He	nily	☐ Light Labor ☐ Heavy Labor	□ Alcohol □ Coffee/Caffeine Drinks □ High Stress Level	Drinks/Week Cups/Day Reason
Have you had any surge	eries? (Please List):		ast 12 months Yes Yes Yes	More than 12 months ago  Yes, date: Yes, date: Yes, date:
Injuries you have had: Motor Vehicle Accident: Work-related Injuries: Sports Injuries: Other:	□ Yes □ No □ Yes □ No □ Yes □ No	D 	escription: Injuries	Date(s):

## HAWAII PHYSICAL THERAPY & CHIROPRACTIC CLINIC, INC.

Harvelee H. Leite-Ah Yo, D.C., R.P.T. & Kanani J. Leite-Ah Yo, P.T., D.P.T.

261 Waianuenue Avenue, Hilo, Hawai'i 96720 ♦ (808)961-5663 ♦ Fax (808)969-3767

#### **WELCOME LETTER**

Dear Valued Patient:

Welcome to Hawaii Physical Therapy & Chiropractic Clinic, Inc. We are pleased and delighted to have you as a new patient and we look forward to providing you with the highest quality care. Your physician has referred you to our clinic to assist in your healing and recovery. In order for us to most effectively assist you on the road to recovery, we kindly request that you observe the following guidelines and policies:

#### ATTENDANCE:

To assist you in your care, consistent and timely attendance is extremely important. If you must cancel, please call immediately prior to your appointment. **To avoid a \$25.00** cancellation/no show fee, please call 24 hours in advance. In fairness to other patients, we would like to have the opportunity to fill these time slots. Please be aware that our answering machine is always on when our office is closed and the date and time of your call is automatically recorded. Be sure to reschedule a cancelled appointment within the same week. If you are more than 15 minutes late for your appointment, it may be necessary to be rescheduled.

# **CHILDREN IN THE GYM AREA:**

For your child's safety, children who are not being seen as patients, will not be allowed in the gym area. We do realize that occasional situations may arise in which you must bring your children, but it should not be a common occurrence.

#### **DRESS:**

It is important that you dress appropriately for your treatment sessions. We recommend shorts/sweats/yoga pants, t-shirt and athletic shoes. For treatment of shoulder, upper and mid back symptoms, tank tops and spaghetti strap tops are appropriate.

### **PERSONAL HYGIENE:**

We are a manually-based clinic and your treatment may consist of soft tissue mobilization, joint mobilization and massage. We would greatly appreciate clean personal hygiene (i.e. clean feet, use of deodorant or organic alternatives).

#### **FEES AND INSURANCE BILLING:**

Patient's Signature

As a courtesy to you, we bill your insurance company for the services you receive. However, any co-payment and or deductibles are due at the time of service. We will also verify your benefits for our services, however, please remember that eligibility is advisory only and **does not**, guarantee benefits. We do not accept third party billing.

#### **CELL PHONES:**

Except in emergency situations, please keep cell phones off or on vibrate mode as your therapist will require your full attention.

Our staff is committed to providing you with the best care possible and we hope that you will be satisfied with our services. We appreciate your honest feedback regarding your experience with us. We will do everything possible to speed your recovery and facilitate a positive experience. We thank you for the opportunity to serve you.

Sincerely,

Dr. Harvelee Leite-Ah Yo & Staff

Date Signed

# HAWAII PHYSICAL THERAPY & CHIROPRACTIC CLINIC, INC. Harvelee H. Leite-Ah Yo, D.C., R.P.T. & Kanani J. Leite-Ah Yo, P.T., D.P.T.

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# NOTICE OF PRIVACY PRACTICES ACKNOWLEDGMENT

I understand that, under the Health Insurance Portability & Accountability Act of 1996 ("HIPAA"), I have certain rights regarding my protected health information. I understand that this information can and will be used to:

- ◆ Conduct, plan and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
- Obtain payment from third-party payers.
- Conduct normal healthcare operations such as quality assessments and physician certifications.

I acknowledge that I have been provided a copy of your *Notice of Privacy Practices* containing a more complete description of the uses and disclosures of my health information. I understand that this organization has the right to change its *Notice of Privacy Practices* from time to time and that I may contact this organization at any time at the address above to obtain a current copy of the *Notice of Privacy Practices*.

I understand that I may request in writing that you restrict how my private information is used or disclosed to carry out treatment, payment of health care operations. I also understand you are not required to agree to my requested restrictions, but if you do agree then you are bound to abide by such restrictions.

Patient Name:				· · · · · · · · · · · · · · · · · · ·	
Relationship to Patient:	□ Self	☐ Child	☐ Other:		
Signature:	<del></del>				
Date:					
				OFFICE USE O	NLY
l attempted to obtain the լ Practices Acknowledgme					vacy
Date:		Initi	als:		
Reason:					

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### INFORMED CONSENT DOCUMENT

Patient: Please read this entire document prior to sig	
·	pefore you sign, if anything is unclear.
THE NATURE OF CHIROPRACTIC ADJUSTMENT Chiropractic is spinal manipulative therapy. The D Doctor may use her hands or a mechanical instrumer joint. That may cause an audible "pop" or "click", muyour knuckles. You may feel a sense of movement.	octor will use that procedure to treat you. The it upon your body in such a way as to move your
THE NATURE OF PHYSICAL THERAPY: Physical practice that incorporates exercise, manual mobilizati & fitness principles in the restoration, maintenance and	ons, modalities and many other health, wellness promotion of optimal physical function.
ng to the following procedures: (Please initial each p	
Orthopedic Testing  Muscle Strength Testing  Therapeutic Exercises  Ultrasound  Electrical Stimulation  Palpation	Mobilization (soft tissue/joint) Range of Motion Testing Basic Neurological Testing Postural Analysis Manual/Mechanical Traction Laser Therapy Hot/Cold Therapy Facilitative Taping
( I i	THE NATURE OF CHIROPRACTIC ADJUSTMENT Chiropractic is spinal manipulative therapy. The D Doctor may use her hands or a mechanical instrument oint. That may cause an audible "pop" or "click", mu your knuckles. You may feel a sense of movement.  THE NATURE OF PHYSICAL THERAPY: Physical practice that incorporates exercise, manual mobilization of the fitness principles in the restoration, maintenance and of ★ Examination ★ Treatment: As part of the ng to the following procedures: (Please initial each p  Spinal Manipulative Therapy Vital Signs Orthopedic Testing Muscle Strength Testing Therapeutic Exercises Ultrasound Electrical Stimulation

In this office, if your Doctor or physical therapist is unavailable, another clinic doctor or physical therapist may be assigned to treat you on that day.

THE MATERIAL RISKS INHERENT IN CHIROPRACTIC ADJUSTMENT: As with any healthcare procedure, there are certain complications which may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. The Doctor will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to the Doctor's attention, it is your responsibility to inform the Doctor.

THE PROBABILITY OF THOSE RISKS OCCURRING: Fractures are rare occurrences and generally result from some underlying weakness of the bone which we check for during the taking of your history and during examination and x-ray. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare and are estimated to occur between one in one million and one in five million cervical adjustments. The other complications are also generally described as rare. These problems occur so rarely that there are no available statistics to quantify their probability.

THE MATERIAL RISKS INHERENT IN PHYSICAL THERAPY: Physical therapy involves the use of many different types of physical evaluations and treatments. Therapeutic exercises are an integral part of most physical therapy treatment plans. Exercise has inherent associated physical risks. If you have any questions regarding the type of exercise you are performing and any specific risks associated with your exercises, your physical therapist will be glad to answer them. The physical therapist may use a variety of procedures and modalities to help obtain optimal function. I, the patient, acknowledge that participation in physical exercise involving flexibility, strength, balance, agility, and aerobic exercise, including the use of equipment and devices, may be a potentially hazardous activity. If you have a condition that would otherwise not come to the physical therapist's attention, it is your responsibility to inform the physical therapist.

**TREATMENT BURNS:** Some of the machines we use generate heat. We also use both heat and ice, and occasionally recommend them for home use. Everyone's skin has a different sensitivity to these modalities, and rarely, either heat or ice can burn or irritate the skin. The result is temporary increase in skin pain, and there may even be some blistering of the skin. These problems occur so rarely that there are no available statistics to quantify their probability.

**SORENESS:** It is common for chiropractic adjustments, soft tissue/joint mobilization, manual/mechanical traction, massage therapy, therapeutic exercise, treatment modalities and procedures, etc. to result in a temporary increase in soreness in the region being treated. This is nearly always a temporary symptom that occurs while your body is undergoing therapeutic change. It is not dangerous, but please do tell your Doctor or physical therapist about it.

**OTHER PROBLEMS:** There may be other problems or complications that might arise from chiropractic and/or physical therapy treatment other than those noted above. These other problems or complications occur so rarely that it is not possible to anticipate and/or explain them all in advance of treatment.

Chiropractic and/or physical therapy is a system of health care delivery, and therefore, as with any health care delivery system, we cannot promise a cure of any symptoms, disease or condition as a result of treatment in this clinic. We will always give you our best care, and if results are not acceptable, we will refer you to another provider who we feel will assist your situation.

**THE AVAILABILITY OF NATURE OF OTHER TREATMENT OPTIONS:** Other treatment options for your condition may include:

- ◆ Self-administered, over-the-counter analgesics and rest
- Medical care and prescription drugs, such as, anti-inflammatory, muscle relaxants and painmedication
- ♦ Hospitalization
- ♦ Surgery

If you chose to use one of the above noted "other treatment" options, you should be aware that there are risks and benefits of such options and you may wish to discuss these with your primary medical physician.

**THE RISKS AND DANGERS ATTENDANT TO REMAINING UNTREATED:** Remaining untreated may allow the formation of adhesions and reduce mobility, which may set up a pain reaction further reducing mobility. Over time, this process may complicate treatment making it more difficult and less effective, the longer it is postponed.

# DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE. PLEASE CHECK THE APPROPRIATE BLOCK AND SIGN BELOW.

<ul> <li>□ I have read, or □ have had read to me, the above explanation of:</li> <li>□ chiropractic adjustment and related treatment;</li> <li>□ physical therapy and related treatment.</li> </ul>
I have discussed it with: □ Dr. Harvelee Leite-Ah Yo, D.C., R.P.T., or □ Kanani Leite-Ah Yo, P.T., D.P.T. and have had my questions answered to my satisfaction. By signing below, I state that I have weighed the risks involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

Print Patient's Name:	
Today's Date:	
Patient's Signature: Parent or Guardian Signature: (if a minor)	